Reference Guide for Kentucky Public Health - SpNS:

Meeting the Emotional and Social Needs

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Kentucky Public Health Leadership Institute Scholars 2009-2010

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To Our Public Health Colleagues:

A disaster, pandemic, or other crisis, by definition, exceeds the capabilities of local healthcare workers and first responders to provide necessary care. During the 2009 H1N1 pandemic, in some areas of the country, hospitals turned to field tents for patient care and activated volunteer medical responders, such as the Medical Reserve Corps. The Federal government's pandemic preparedness plan dictates that states must be able to provide for themselves at least during the initial wave. This means that state preparedness planners must build in surge capacity. In many disasters or pandemics, the mental health footprint is significantly larger than the medical footprint. The so-called worried well and those with real mental health distress or disorders can easily over-run the existing mental health system.

In this reference guide, we hope to provide you with a framework to guide your agencies in beginning to meet the emotional and social needs of individuals and communities in disaster. Our KPHLI team spent many hours trying to decide what might be helpful for public health agencies as they operate Special Medical Need Shelters (SpNS) in disaster situations. There has been great work done during this year by varying groups in Kentucky to address the needs and work of a SpNS and we want to compliment those efforts by providing agencies with another tool.

This guide is not meant to provide the complete answers to agencies in times of disaster, but offers general guidelines and resources to support your efforts in addressing the emotional needs of the community and responders in anticipation of disasters. The guide promotes a standard of practice for agencies to work towards. Through our review of best practices, it becomes very clear that a complete and comprehensive training will build competencies in the staff to allow them to care for others and for themselves, effectively and efficiently.

Thank you so very much for your support of the Kentucky Public Health Leadership Institute and the opportunity for KPHLI scholars to give something back. We appreciate the work you do in your communities and are proud to be on your team.

Sincerely,

Team OCD (Organized Chaos in Disaster)
Amber, Chris, Shelly, Melissa, Shawna, and Scott

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Section 1

Considerations for Support, Training, and Surge Building Capacity

The Kentucky Community Crisis Response Board (KCCRB) created under KRS Chapter 36 and recognized as the lead disaster behavioral health agency by the Department for Mental Health and Mental Retardation Services (DMHMRS) (state mental health authority), Kentucky Division of Emergency Management (KyEM) and the American Red Cross (ARC), has the primary responsibility to provide disaster behavioral health services for the Commonwealth.

KCCRB ensures organized, rapid and effective crisis intervention response in the aftermath of crisis and disaster   The KCCRB recruits, trains, credentials and maintains a team to provide crisis intervention response services statewide.

To Request a Response Team: 1-888-522-7228

Recommended Training Courses for Staff in Psychological First Aid.

www.train.org

- **Psychosocial Impact of Disasters and Catastrophic Events Module -1008507**
    Course ID: 1008507
    Format: Online, before face to face

- **Psychology of Disaster**
    Course ID: 1009534
     Format: Web-based Training - Self-study (Online)
    This Training Module Meets MRC Core Competency 6

- **Incident Command Systems (ICS) and National Incident Management System (NIMS)**

    o **FEMA IS-100.a Introduction to Incident Command System (ICS),**
        Course ID: 1016067
        Format: Web-based Training - Self-study (Online)

    o **FEMA IS-200.a Single Resources and Initial Action Incidents**
        Course ID: 1016063 Format:
        Web-based Training - Self-study (Online)

- **FEMA IS-700.a** **National Incident Management System (NIMS), An Introduction**
  Course ID: 1016070
  Format: Web-based Training - Self-study (Online

Considerations for Surge Building Capacity within Public Health Agencies

The psychological strain of disaster events affects not only the victims of disaster but the first responders and health care workers as well. Therefore, trained behavior health volunteers who work in health departments and elsewhere are expected to be in high demand during a disaster. In order to be prepared for this surge of needed psychological assistance, health departments should prepare by building capacity within the agency.

Training courses listed above for Psychological First Aid are suggested for the following Local Health Department staff:

- All staff with human service or social science degrees, i.e. social work, psychology, counseling, sociology.
- Based on the needs and resources of the individual Health Department, consideration for additional staff to be trained may include Health Educators, Environmental and nursing personnel.

<u>Further Work Towards a Standard of Care in Training</u>

The Department of Homeland Security directed the National Institute for Hometown Security (NIHS) to award a $3.2 million, 3-year grant to the University of Louisville. The intent of this funded project is to develop a real-time decision support system for managing resources during a disaster or pandemic. One aspect of the project, directed by Dr. Scott LaJoie from U of L's School of Public Health and Information Sciences, is to ensure that local decision makers have access to mental health providers and resources.

The stressors and strains of a disaster on first responders, health care workers, and public health employees often compromise their coping skills and place them at heightened risk for psychological trauma. Mental health care for these front-line responders is usually done by those who work closely with these people. Trained behavioral health volunteers who work in health departments, hospitals, fire departments and elsewhere are expected to be in high demand during a disaster in order to care for the responders themselves as well as the citizens of Kentucky. They must be recruited and trained pre-disaster.

To meet these objectives, LaJoie and his team will perform several, often overlapping, steps:

1. Identify and establish collaboration with Kentucky mental health provider networks or associations, such as the Kentucky Psychological Association and the National Association of Social Workers – Kentucky.
2. Establish collaboration with the Kentucky Community Crisis Response Board (KCCRB), the developers of TRAIN and the gatekeepers of K-HELPS. (See below).
3. Survey Kentucky mental health providers to assess disaster mental health training, facilitators and barriers to volunteerism, and willingness to commit to respond during a disaster or pandemic.
4. Develop new or refine existing education modules (hosted online at https:www.ky-TRAIN.org and elsewhere) so that volunteers are taught best practice approaches to providing psychological support to victims.
5. Recruit and train mental health volunteers from across the state. Register the volunteers with KCCRB and credential them through K-Helps.
6. Develop a Geographic Information System (GIS) database that maps the location of all mental health volunteers. Layers of information will be made available for each volunteer.
7. Incorporate into this GIS database the current list of all KCCRB mental health volunteers.
8. Link this GIS database to the real-time decision support system being developed in other phases of the grant project.
9. Create a mechanism that maintains the currency of this database and motivates volunteers to stay involved.

In many states, but not Kentucky, the American Psychological Association's Disaster Response Network provides mental health volunteers who respond, with the American Red Cross, to disasters. In Kentucky, the KCCRB performs this function. No officially recognized mental health volunteer may respond to a disaster in Kentucky unless the response is coordinated through the KCCRB. Local decision makers who need mental health assistance make their requests to the KCCRB. The KCCRB maintains and deploys regional behavioral health teams. Each team member is credentialed as a behavioral health volunteer on K-HELPS. Training, credentialing, and deploying of volunteers ensures that Kentucky has the highest standards of mental health support.

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Section 2

Centers for Disease Control and Prevention (CDC)

Disaster Mental Health Primer: Key Principles, Issues and Questions

This guide is intended as a resource guide in the event of a disaster and/or the need to establish SpNS. The following pyramid, from the CDC, illustrates the multitude of individuals and groups who feel the impact.

The Impact Pyramid *(The victim count only represents the tip of the iceberg.)*
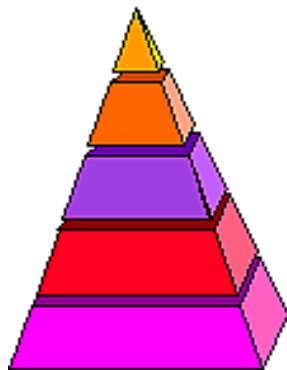
Individual victims

Family and social networks

Rescue workers, medical care providers, their families and social networks

Vulnerable populations and impacted businesses

Ordinary people and their communities

Guiding Principles (CDC)

- No one who experiences a disaster is untouched by it.
- Most people pull together and function during and after a disaster, but their effectiveness is diminished.
- Mental health concerns exist in most aspects of preparedness, response and recovery.
- Disaster stress and grief reactions are "normal responses to an abnormal situation."
- Survivors respond to active, genuine interest and concern.
- Disaster mental health assistance is often more practical than psychological in nature (offering a phone, distributing coffee, listening, encouraging, reassuring, comforting).
- Disaster relief assistance may be confusing to disaster survivors. They may experience frustration, anger, and feelings of helplessness related to Federal, State, and non-profit agencies' disaster assistance programs. They may reject disaster assistance of all types.

Phases of a Disaster

(General Principles. No precise, universal timeline exists. Responses vary by disaster. These phases first were observed/described in natural disasters.)
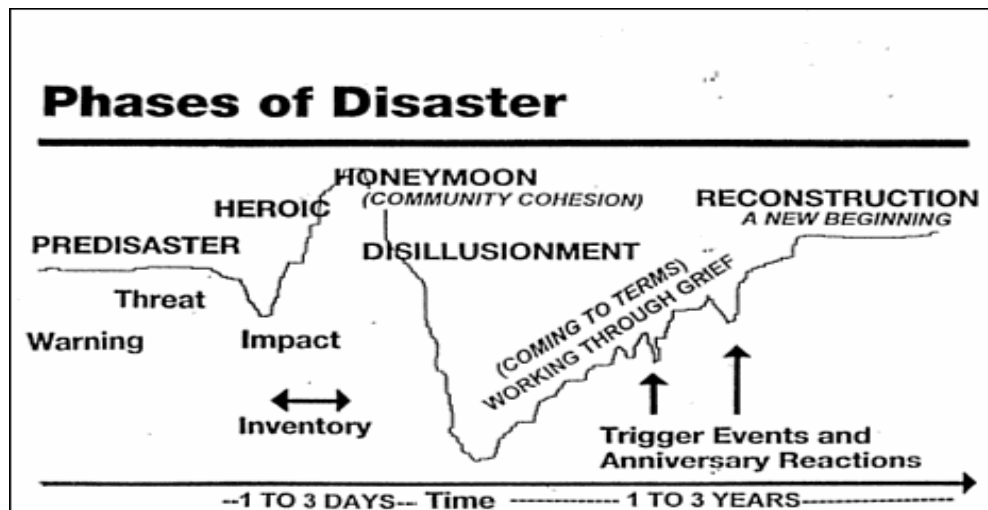
- **Warning of Threat**: Ranges from no advance notice (suicide bomber) to weeks (hurricane)

- **Impact: Actual onset of disaster:** Varies. Bioterrorism has fuzzy beginning/end; bombing is precise

- **Rescue or Heroic:** People watch out for, protect, even risk own safety to save strangers

- **Remedy or Honeymoon:** People initially pitch in and collaborate for the collective good

- **Inventory:** External resources begin to come online—people watch what goes where

- **Disillusionment:** Resource allocation often seen as too little too late, poorly distributed

- **Reconstruction and Recovery:** People move beyond self interests and start to rebuild

Factors That Determine the Stressfulness of a Disaster
(Individual responses are a function of the interplay of multiple factors.)

- **Features of the Disaster**
  Familiarity with the event
  Avoidability of the event
  Suddenness of its onset
  Intensity of its impact
  Course and duration of the event
  Degree to which it can be controlled

- **Community or Societal Factors**
  Previous level of community resources
  Community's level of preparedness
  Extent and nature of damage done
  Community's experience with such an event
  Consequent social/political unrest
  Availability of resources to rebuild

- **Characteristics of the Individuals Involved**
  Actual losses (and threat of loss)
  Previous experience with similar events
  Level of background stress in one's life
  Physical or psychological closeness to event
  Effectiveness of one's coping mechanisms
  Nature and extent of available social support

Severity of Psychological Reaction after a Traumatic Event

(Most people affected by a traumatic event "recover" without external intervention.)
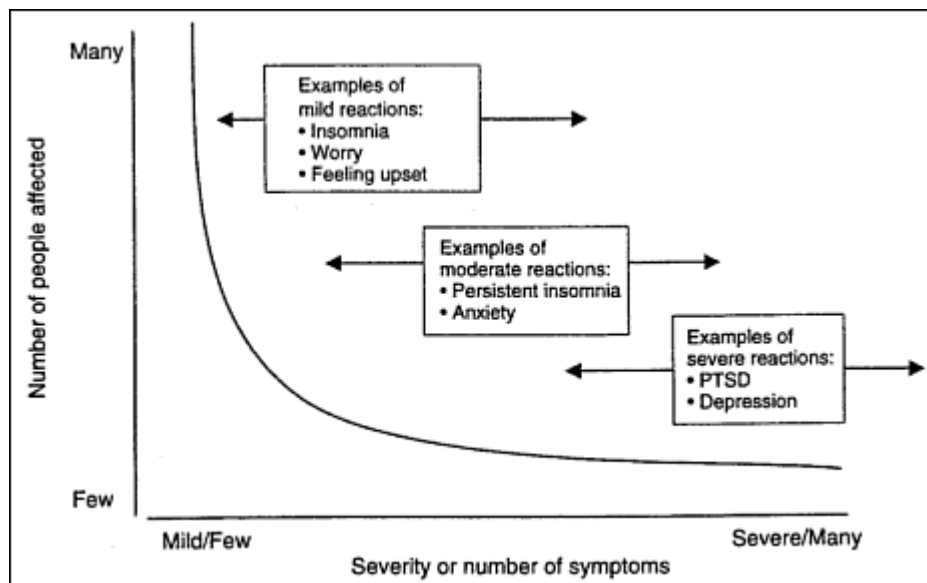
Potential Risk Groups *(Certain individuals/groups are more vulnerable than others.)*

- Age groups (Infants, children and seniors)

- Cultural and Ethnic Groups (immigrants, non-English speakers, undocumented aliens etc.)

- Low-visibility groups (homeless, mobility-impaired, unemployed, mentally-challenged etc.)

- People with Serious and Persistent Mental Illness

- People in Group Facilities (hospitals, nursing homes, prisons)

- Human Service, Healthcare and Disaster Relief Workers

Survivor's Needs & Reactions *(While people respond differently, there are common needs.)*

- A concern for basic survival

- Grief over loss of loved ones and loss of valued/meaningful possessions

- Fear and anxiety about personal safety and physical safety of loved ones

- Sleep disturbances, often including nightmares and imagery from the disaster

- Concerns about relocation and the related isolation or crowded living conditions

- A need to talk, often repeatedly, about events and feelings associated with the disaster

- A need to feel one is a part of the community and its recovery efforts

Reactions that Signal Possible Need for Mental Health Referral *(Many responses to trauma are expected, but some require extra attention and concern.)*

- Disorientation (dazed, memory loss, unable to give date/time or recall recent events…)

- Depression (pervasive feeling of hopelessness & despair, withdrawal from others…)

- Anxiety (constantly on edge, restless, obsessive fear of another disaster…)

- Mental Illness (hearing voices, seeing visions, delusional thinking…)

- Inability to care for self (not eating, bathing, changing clothing or handling daily life)

- Suicidal or homicidal thoughts or plans

- Problematic use of alcohol or drugs

- Domestic violence, child abuse or elder abuse

Common Disaster Worker Stress Reactions (*See list in: "Disaster Mental Health for Responders: Key Principles, Issues and Questions"*)

Stress Basics *(A quick review to help keep stress in perspective.)* **Stress is:**

- Normal

- Necessary

- Productive and destructive

- Acute and delayed

- Cumulative

- Identifiable

- Preventable (Much stress is); Manageable (Most stress is)

Matrix for Triage for Emotional Needs

This triage tool is simplistic in nature and is intended only to provide broad generalizations. The tool is not clinical and should not be used that way. It is only to serve as a reference for staff to consider when supporting individuals in disaster type situations. Best practice standards require staff to be fully trained and credentialed in disaster first aid.

As noted in the earlier CDC guidance in Section 2 of this reference, these individuals may be in need of a mental health referral to a licensed, qualified practitioner and/or mental health facility and/or child/family protective service. In some situations, staff may also need to contact law enforcement officials when there is imminent threat of harm to self or others.

- Disorientation (dazed, memory loss, unable to give date/time or recall recent events…)

- Depression (pervasive feeling of hopelessness & despair, withdrawal from others…)

- Anxiety (constantly on edge, restless, obsessive fear of another disaster…)

- Mental Illness (hearing voices, seeing visions, delusional thinking…)

- Inability to care for self (not eating, bathing, changing clothing or handling daily life)

- Suicidal or homicidal thoughts or plans

- Problematic use of alcohol or drugs

- Domestic violence, child abuse or elder abuse

Resources to consider for follow-up with above situations can include:

- Local Law Enforcement

- State Police - Emergency and DUI Hotline - 1-800-222-5555
  Post 1 (Mayfield) -   (270) 856-3721
  Post 2 (Madisonville) -   (270) 676-3313
  Post 3 (Bowling Green) -   (270) 782-2010
  Post 4 (Elizabethtown) -   (270) 766-5078
  Post 5 (Campbellsburg) -   (502) 532-6363
  Post 6 (Dry Ridge) -   (859) 428-1212
  Post 7 (Richmond) -   (859) 623-2404
  Post 8 (Morehead) -   (606) 784-4127
  Post 9 (Pikeville) -   (606) 433-7711
  Post 10 (Harlan) -   (606) 573-3131
  Post 11 (London) -   (606) 878-6622
 Post 12 (Frankfort) -   (502) 227-2221

Post 13 (Hazard) - (606) 435-6069
Post 14 (Ashland) - (606) 928-6421
Post 15 (Columbia) - (270) 384-4796
Post 16 (Henderson) - (270) 826-3312

- Community Mental Health services - Supplement 1 (Community Mental Health Centers (CMHCs) and Adult State-Operated or Contracted Psychiatric Hospitals Alphabetically by County (be sure to update this listing quarterly). http://www.mhmr.ky.gov/KDMHMRS/crisisnos.asp

- Child and Adult Protective Services - If you believe a child/adult is being abused, neglected or exploited, please call the Child/Adult Protection Hot Line toll-free at (800) 752-6200. If you believe a child/adult is in immediate danger, please call 911 or your local law enforcement agency.

  Department for Community Based Services (DCBS) Central Intake Numbers –
   please update regularly http://chfs.ky.gov/dcbs/serviceregions.htm#directory

Cumberland	(606) 862-0647
Eastern Mountain	866-229-2196 (Toll Free) or (606) 788-7132
Jefferson	(502) 595-4550 and (502) 595-4803
Northeastern	888-351-8901 (Toll Free)
Northern Bluegrass	(859) 292-6550
Salt River Trail	888-403-5090 (Toll Free)
Southern Bluegrass	(859) 245-5258
The Lakes	(270) 388-4818
Two Rivers	(270) 651-0287

DCBS Service Regions
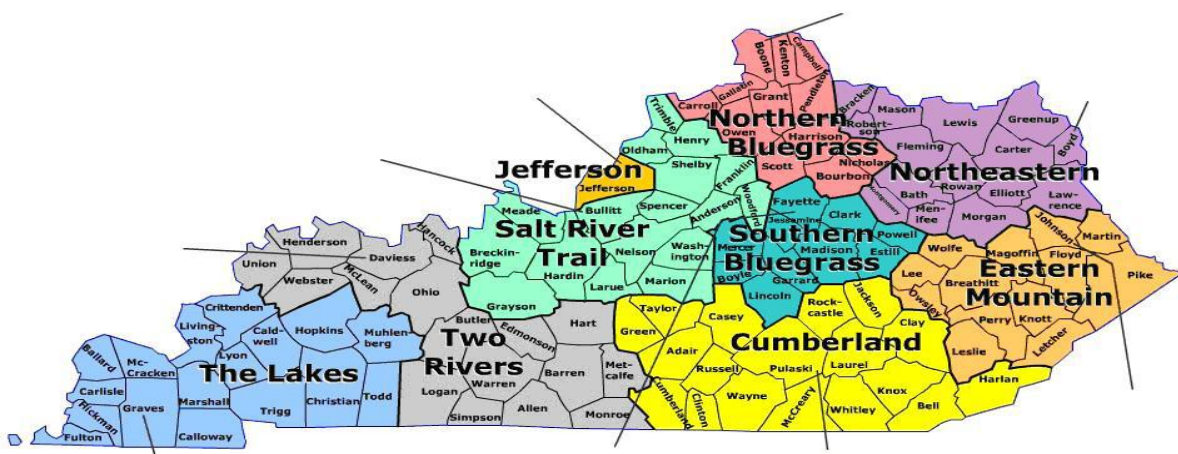
Supplement 1

Community Mental Health Centers (CMHCs)
and Adult State-Operated or Contracted Psychiatric Hospitals
Alphabetically by County

Note: If a TTY number is not specified, the regular number is TTY-accessible.

County Main CMHC Phone	CMHC Region CMHC Name	Office Number 24-Hour Crisis Number TTY Crisis Number	Hospital Name Hospital Phone
Adair (270) 384-4719	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000
Allen (270) 237-4481	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 889-6025
Anderson (502) 839-7203	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Ballard (270) 653-6992	01 Four Rivers	Office: (270) 442-7121 Crisis No.: (800) 592-3980 TTY No.: (270) 653-6992	Western State Hospital (270) 886-4431
Barren (270) 901-5000	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431
Bath (606) 674-6690	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000
Bell (606) 337-6137 (606) 248-4949	13 Cumberland River	Office: (606) 528-7010 Crisis No.: Call Collect: (606) 526-9598 (8:00-4:30 M-F) (888) 435-7761 (after hours) TTY No.:	Appalachian Regional Hospital (606) 439-1331
Boone (859) 525-6808	07 NorthKey	Office: (606) 331-6505 Crisis No.: (877) 331-3292 or (859) 331-3292 TTY No.: (859) 331-1792	Eastern State Hospital (859) 246-7000

Bourbon (859) 987-6127	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Boyd (606) 324-3005	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000
Boyle (859) 236-7072	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Bracken (606) 735-3611	08 Comprehend	Office: (606) 564-4016 1-877-852-1523 Crisis No.: Call Collect: (606) 564-4016 (877) 852-1523 TTY No.:	Eastern State Hospital (606) 246-7000
Breathitt (606) 666-7591	12 Kentucky River	Office: (606) 666-9006 Crisis No.: Crisis (800) 262-7491, Rape (800) 375-7273 TTY No.: Crisis (800) 262-7491, Rape (800) 375-7273	Appalachian Regional Hospital (606) 439-1331
Breckinridge (270) 756-5816	05 Communicare	Office: (270) 765-2605 Crisis No.: (800) 641-4673 TTY No.: (800) 641-4673	Central State Hospital (270) 253-7075
Bullitt (502) 543-7033	06 Seven Counties	Office: (502) 589-8600 Crisis No.: (800) 221-0446 TTY No.:	Central State Hospital (502) 253-7000
Butler (270) 526-3877	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431
Caldwell (270) 365-2008	02 Pennyroyal	Office: (270) 886-2205 Crisis No.: (877) 473-7766 (outside Christian Co.) 881-9551 (in Christian Co.) TTY No.:	Western State Hospital (270) 886-4431
Calloway (270) 753-6622	01 Four Rivers	Office: (270) 442-7121 Crisis No.: (800) 592-3980 TTY No.: (270) 753-6622	Western State Hospital (270) 886-4431

Campbell (859) 491-6510	07 NorthKey	Office: (606) 331-6505 Crisis No.: (877) 331-3292 TTY No.: (859) 331-1792	Eastern State Hospital (859) 246-7000
Carlisle (270) 653-6992	01 Four Rivers	Office: (270) 442-7121 Crisis No.: (800) 592-3980 TTY No.: (270) 653-6992	Western State Hospital (270) 886-4431
Carroll (502) 732-9331	07 NorthKey	Office: (606) 331-6505 Crisis No.: (877) 331-3292 TTY No.: (859) 331-1792	Eastern State Hospital (859) 246-7000
Carter (606) 474-5151	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000
Casey (606) 787-9472	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000
Christian (502) 881-9551	02 Pennyroyal	Office: (270) 886-2205 Crisis No.: (877) 473-7766 (outside Christian Co.) 881-9551 (in Christian Co.) TTY No.:	Western State Hospital (270) 886-4431
Clark (859) 744-2562	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Clay (606) 598-5172	13 Cumberland River	Office: (606) 528-7010 Crisis No.: Call Collect: (606) 864-2104 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Clinton (606) 387-7635	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000
Crittenden (502) 365-2008	02 Pennyroyal	Office: (270) 886-2205 Crisis No.: (877) 473-7766 (outside Christian Co.) 881-9551 (in Christian Co.) TTY No.:	Western State Hospital (270) 886-4431
Cumberland (270) 864-5631	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599	Eastern State Hospital (606) 246-7000

			TTY No.:	
Daviess (270) 689-6500 appts. (270) 683-4039	03 River Valley	Office: (270) 684-0696 Crisis No.: (800) 433-7291 or (270) 684-9466 TTY No.:	Western State Hospital (270) 886-4431	
Edmonson (270) 597-2713	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431	
Elliott (606) 738-6163	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000	
Estill (606) 744-2562	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000	
Fayette (859) 233-0444	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000	
Fleming (606) 849-2212	08 Comprehend	Office: (606) 564-4016 1-877-852-1523 Crisis No.: Call Collect: (606) 564-4016 (877) 852-1523 TTY No.:	Eastern State Hospital (606) 246-7000	
Floyd (606) 886-4350	11 Mountain	Office: (606) 886-8572 Crisis No.: (800) 422-1060 TTY No.:	Appalachian Regional Hospital (606) 439-1331	
Franklin (502) 223-2182	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000	
Fulton (270) 653-6992	01 Four Rivers	Office: (270) 442-7121 Crisis No.: (800) 592-3980 TTY No.: (270) 653-6992	Western State Hospital (270) 886-4431	
Gallatin (859) 567-4430	07 NorthKey	Office: (606) 331-6506 Crisis No.: (877) 331-3292 TTY No.: (859) 331-1792	Eastern State Hospital (859) 246-7000	
Garrard (859) 792-2181	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000	

Grant (859) 824-4442	07 NorthKey	Office: (606) 331-6505 Crisis No.: (877) 331-3292 TTY No.: (859) 331-1792	Eastern State Hospital (859) 246-7000
Graves (270) 247-2588	01 Four Rivers	Office: (270) 442-7121 Crisis No.: (800) 592-3980 TTY No.: (270) 247-2588	Western State Hospital (270) 886-4431
Grayson (270) 259-4652	05 Communicare	Office: (270) 765-2605 Crisis No.: (800) 641-4673 TTY No.: (800) 641-4673	Central State Hospital (270) 253-7075
Green (270) 932-3226	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000
Greenup (606) 473-7333	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000
Hancock (270) 927-8659 appts. (270) 683-4039	03 River Valley	Office: (270) 684-0696 Crisis No.: (800) 433-7291 or (270) 684-9466 TTY No.:	Western State Hospital (270) 886-4431
Hardin (270) 769-1304	05 Communicare	Office: (270) 765-2605 Crisis No.: (800) 641-4673 TTY No.: (800) 641-4673	Central State Hospital (270) 253-7075
Harlan (606) 573-1624	13 Cumberland River	Office: (606) 528-7010 Crisis No.: Call Collect: (606) 864-2104 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Harrison (859) 234-6940	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Hart (270) 524-9883	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431
Henderson (270) 826-8314 appts. (270) 683-4039	03 River Valley	Office: (270) 684-0696 Crisis No.: (800) 433-7291 or (270) 684-9466 TTY No.:	Western State Hospital (270) 886-4431

Henry (502) 845-2928	06 Seven Counties	Office: (502) 589-8600 Crisis No.: (800) 221-0446 TTY No.:	Central State Hospital (502) 253-7000
Hickman (270) 653-6992	01 Four Rivers	Office: (270) 442-7127 Crisis No.: (800) 592-3980 TTY No.: (270) 653-6992	Western State Hospital (270) 886-4431
Hopkins (502) 821-8874	02 Pennyroyal	Office: (270) 886-2205 Crisis No.: (877) 473-7766 (outside Christian Co.) 881-9551 (in Christian Co.) TTY No.:	Western State Hospital (270) 886-4431
Jackson (606) 287-7137	13 Cumberland River	Office: (606) 528-7010 Crisis No.: Call Collect: (606) 864-2104 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Jefferson (502) 589-1100	06 Seven Counties	Office: (502) 589-8600 Crisis No.: (800) 221-0446 TTY No.:	Central State Hospital (502) 253-7000
Jessamine (859) 885-6315	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Johnson (606) 789-3518	11 Mountain	Office: (606) 886-8572 Crisis No.: (800) 422-1060 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Kenton (859) 431-3052	07 NorthKey	Office: (606) 331-6505 Crisis No.: (877) 331-3292 TTY No.: (859) 331-1792	Eastern State Hospital (859) 246-7000
Knott (606) 785-3556	12 Kentucky River	Office: (606) 666-9006 Crisis No.: Crisis (800) 262-7491, Rape (800) 375-7273 TTY No.: Crisis (800) 262-7491, Rape (800) 375-7273	Appalachian Regional Hospital (606) 439-1331
Knox (606) 528-7010	13 Cumberland River	Office: (606) 528-7010 Crisis No.: Call Collect: (606) 864-2104 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Larue (270) 769-1304	05 Communicare	Office: (270) 765-2605 Crisis No.: (800) 641-4673 TTY No.: (800) 641-4673	Central State Hospital (270) 253-7075

Laurel (606) 864-2104	13 Cumberland River	Office: (606) 528-7010 Crisis No.: Call Collect: (606) 864-2104 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Lawrence (606) 638-4332	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000
Lee (606) 464-3212	12 Kentucky River	Office: (606) 666-9006 Crisis No.: Crisis (800) 262-7491, Rape (800) 375-7273 TTY No.: Crisis (800) 262-7491, Rape (800) 375-7273	Appalachian Regional Hospital (606) 439-1331
Leslie (606) 672-4215	12 Kentucky River	Office: (606) 666-9006 Crisis No.: Crisis (800) 262-7491, Rape (800) 375-7273 TTY No.: Crisis (800) 262-7491, Rape (800) 375-7273	Appalachian Regional Hospital (606) 439-1331
Letcher (606) 633-4439	12 Kentucky River	Office: (606) 666-9006 Crisis No.: Crisis (800) 262-7491, Rape (800) 375-7273 TTY No.: Crisis (800) 262-7491, Rape (800) 375-7273	Appalachian Regional Hospital (606) 439-1331
Lewis (606) 796-3021	08 Comprehend	Office: (606) 564-4016 1-877-852-1523 Crisis No.: Call Collect: (606) 564-4016 (877) 852-1523 TTY No.:	Eastern State Hospital (606) 246-7000
Lincoln (606) 365-2197	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Livingston (270) 527-1434	01 Four Rivers	Office: (270) 442-7121 Crisis No.: (800) 592-3980 TTY No.: (270) 527-1434	Western State Hospital (270) 886-4431
Logan (270) 726-3629	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431
Lyon (502) 365-2008	02 Pennyroyal	Office: (270) 886-2205 Crisis No.: (877) 473-7766 (outside Christian Co.) 881-9551 (in Christian Co.) TTY No.:	Western State Hospital (270) 886-4431

Madison (859) 623-9367	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Magoffin (606) 349-3115	11 Mountain	Office: (606) 886-8572 Crisis No.: (800) 422-1060 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Marion (270) 692-2509	05 Communicare	Office: (270) 765-2605 Crisis No.: (800) 641-4673 TTY No.: (800) 641-4673	Central State Hospital (270) 253-7075
Marshall (270) 527-1434	01 Four Rivers	Office: (270) 442-7121 Crisis No.: (800) 592-3980 TTY No.: (270) 527-1434	Western State Hospital (270) 886-4431
Martin (606) 298-7902	11 Mountain	Office: (606) 886-8572 Crisis No.: (800) 422-1060 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Mason (606) 564-4016	08 Comprehend	Office: (606) 564-4016 1-877-852-1523 Crisis No.: Call Collect: (606) 564-4016 or (877) 852-1523 TTY No.:	Eastern State Hospital (606) 246-7000
McCracken (270) 442-7121	01 Four Rivers	Office: (270) 442-7121 Crisis No.: (800) 592-3980 TTY No.: (270) 442-7421	Western State Hospital (270) 886-4431
McCreary (606) 376-2466	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000
McLean (270) 273-5662 appts. (270) 683-4039	03 River Valley	Office: (270) 684-0696 Crisis No.: (800) 433-7291 or (270) 684-9466 TTY No.:	Western State Hospital (270) 886-4431
Meade (270) 422-3971	05 Communicare	Office: (270) 765-2605 Crisis No.: (800) 641-4673 TTY No.: (800) 641-4673	Central State Hospital (270) 253-7075
Menifee (606) 768-2131	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000

Mercer (859) 734-5486	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Metcalfe (270) 432-4951	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431
Monroe (270) 487-5655	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431
Montgomery (859) 498-2135	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000
Morgan (606) 743-3139	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000
Muhlenberg (502) 338-5211	02 Pennyroyal	Office: (270) 886-2205 Crisis No.: (877) 473-7766 (outside Christian Co.) or (270) 881-9551 (in Christian Co.) TTY No.:	Western State Hospital (270) 886-4431
Nelson (270) 348-9206	05 Communicare	Office: (270) 765-2605 Crisis No.: (800) 641-4673 TTY No.: (800) 641-4673	Central State Hospital (270) 253-7075
Nicholas (859) 289-7426	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Ohio (270) 274-0650 appts. (270) 683-4039	03 River Valley	Office: (270) 684-0696 Crisis No.: (800) 433-7291 or (270) 684-9466 TTY No.:	Western State Hospital (270) 886-4431
Oldham (502) 222-7210	06 Seven Counties	Office: (502) 589-8600 Crisis No.: (800) 221-0446 TTY No.:	Central State Hospital (502) 253-7000
Owen (502) 484-3461	07 NorthKey	Office: (606) 331-6505 Crisis No.: (877) 331-3292 TTY No.: (859) 331-1792	Eastern State Hospital (859) 246-7000

Owsley (606) 464-3212	12 Kentucky River	Office: (606) 666-9006 Crisis No.: Crisis (800) 262-7491, Rape (800) 375-7273 TTY No.: Crisis (800) 262-7491, Rape (800) 375-7273	Appalachian Regional Hospital (606) 439-1331
Pendleton (859) 654-6988	07 NorthKey	Office: (606) 331-6505 Crisis No.: (877) 331-3292 TTY No.: (859) 331-1792	Eastern State Hospital (859) 246-7000
Perry (606) 436-5761	12 Kentucky River	Office: (606) 666-9006 Crisis No.: Crisis (800) 262-7491, Rape (800) 375-7273 TTY No.: Crisis (800) 262-7491, Rape (800) 375-7273	Appalachian Regional Hospital (606) 439-1331
Pike (606) 432-3143 (606) 353-1287 (Belfry only)	11 Mountain	Office: (606) 886-8572 Crisis No.: (800) 422-1060 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Powell (606) 663-2274	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Pulaski (606) 679-7348 (Adult) (606) 679-6251 (Children)	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000
Robertson (606) 724-5214	08 Comprehend	Office: (606) 564-4016 1-877-852-1523 Crisis No.: Call Collect: (606) 564-4016 or (877) 852-1523 TTY No.:	Eastern State Hospital (606) 246-7000
Rockcastle (606) 256-2129	13 Cumberland River	Office: (606) 528-7010 Crisis No.: Call Collect: (606) 864-2104 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Rowan (606) 784-4161	10 Pathways	Office: (606) 329-8588 Crisis No.: (800) 562-8909 TTY No.:	Eastern State Hospital (606) 246-7000
Russell (270) 343-2551	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000

Scott (502) 863-4734	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000
Shelby (502) 633-5683	06 Seven Counties	Office: (502) 589-8600 Crisis No.: (800) 221-0446 TTY No.:	Central State Hospital (502) 253-7000
Simpson (270) 586-8826	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431
Spencer (502) 477-2577	06 Seven Counties	Office: (502) 589-8600 Crisis No.: (800) 221-0446 TTY No.:	Central State Hospital (502) 253-7000
Taylor (270) 465-7424	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000
Todd (502) 886-5163	02 Pennyroyal	Office: (270) 886-2205 Crisis No.: (877) 473-7766 (outside Christian Co.) (270) 881-9551 (in Christian Co.) TTY No.:	Western State Hospital (270) 886-4431
Trigg (502) 886-5163	02 Pennyroyal	Office: (270) 886-2205 Crisis No.: (877) 473-7766 (outside Christian Co.) (270) 881-9551 (in Christian Co.) TTY No.:	Western State Hospital (270) 886-4431
Trimble (502) 255-3258	06 Seven Counties	Office: (502) 589-8600 Crisis No.: (800) 221-0446 TTY No.:	Central State Hospital (502) 253-7000
Union (270) 389-3240 appts. (270) 683-4039	03 River Valley	Office: (270) 684-0696 Crisis No.: (800) 433-7291 or (270) 684-9466 TTY No.:	Western State Hospital (270) 886-4431
Warren (270) 901-5000	04 Lifeskills	Office: (270) 843-4382 Crisis No.: (800) 223-8913 or (270) 843-4357 TTY No.:	Western State Hospital (270) 886-4431
Washington (859) 336-9717	05 Communicare	Office: (270) 765-2605 Crisis No.: (800) 641-4673 TTY No.: (800) 641-4673	Central State Hospital (270) 253-7075

Wayne (606) 348-9318	14 Adanta	Office: (606) 679-4782 Crisis No.: (800) 633-5599 TTY No.:	Eastern State Hospital (606) 246-7000
Webster (270) 667-7092 appts. (270) 683-4039	03 River Valley	Office: (270) 684-0696 Crisis No.: (800) 433-7291 or (270) 684-9466 TTY No.:	Western State Hospital (270) 886-4431
Whitley (606) 549-1440	13 Cumberland River	Office: (606) 528-7010 Crisis No.: Call Collect: (606) 864-2104 TTY No.:	Appalachian Regional Hospital (606) 439-1331
Wolfe (606) 668-7420	12 Kentucky River	Office: (606) 666-9006 Crisis No.: Crisis (800) 262-7491, Rape (800) 375-7273 TTY No.: Crisis (800) 262-7491, Rape (800) 375-7273	Appalachian Regional Hospital (606) 439-1331
Woodford (859) 873-7316	15 Bluegrass	Office: (859) 253-1686 Crisis No.: (800) 928-8000 TTY No.:	Eastern State Hospital (859) 246-7000

Section 3

Current Kentucky Online Training Resources via TRAIN

www.train.org

<u>Recommended Courses</u>

<u>Recommended Courses regarding Psychological First Aid</u>

Psychology of Disaster
Course ID: 1009534
Format: Web-based Training - Self-study (Online)
This Training Module Meets MRC Core Competency 6

Psychosocial Impact of Disasters and Catastrophic Events Module
Course ID: 1008507
Format: Online, before face to face

KCCRT- Disaster Behavioral Health Outreach Personnel: KHELPS Orientation Module
Course ID: 1010023
Format: Online

<u>Supplemental Courses regarding Psychological First Aid</u>

FAST Foundations (Disaster Behavioral Health First Aid Specialist Training)
Course ID: 1012949
Format: Web-based Training - Self-study (Online)

Psychological First Aid (PFA): Helping People Cope during Disasters and Public Health Emergencies
Course ID: 1012867
Format: Web-based Training - Self-study (Online)
Also a podcast of the same training with course ID # 1012868

Psychological First Aid: Building Resiliency for "Us" and "Them"
Course ID: 1017721
Format: Web-based Training - Self-study (Online)

Courses involving Resiliency/Compassion Fatigue

Understanding Compassion Fatigue
Course ID: 1012952
Format: Web-based Training - Self-study (Online)

Psychological Resiliency - Building Personal Resilience and Self-Reliance
Course ID: 1010943
Format: Web-based Training - Self-study (Online)

Courses involving Children

Understanding and Responding to the Needs of Children after Large-Scale Disasters
Course ID: 1015350
Format: Web-based Training - Self-study (Online)

Pediatric Issues in Disasters and Emergencies
Course ID: 1012718
Format: Web-based Training - Self-study (Online)

Disaster Behavioral Health First Aid Specialist Training with Children (C-FAST)
Course ID: 1013025
Format: On-Site - Classroom course or workshop (Live Event)

2007 01: CMED PHGRs "Disaster Planning for Special Needs Population
Course ID: 1007756
Format: Webcast (on demand) (Online)
.

Counting Upon the Kindness & Expertise of Others: Serving Vulnerable Individuals & Families in Times of Disaster
Course ID: 1012863
Format: Web-based Training - Self-study (Online)

Disaster Behavioral Health First Aid Specialist Training Plus Special Needs Populations (BFASTplusSN)
Course ID: 1012946
Format: On-Site - Classroom course or workshop (Live Event)

Courses involving Cultural Competence

Assuring Cultural Competence in Disaster Response
 Course #1012951
 Format: Web-based Training - Self-study (Online)

General Courses

Disaster Behavioral Health First Aid Specialist Training for Responders (RFAST)
Course ID: 1015124
Format: On-Site - Classroom course or workshop (Live Event)

Disaster Behavioral Health: Addressing the Mental Health Needs of Trauma Survivors
Course ID: 1018538
Format: Web-based Training - Self-study (Online)

Emergency Readiness Rounds: Psychological Issues Following Disasters 2/7/07
Course ID: 1008015
Format: Webcast (on demand) (Online)

Psychosocial Issues Related to Bioterrorism
Course ID: 1006472
Format: Web-based Training - Self-study (Online)

Public Health Emergency Training Module: Disaster Mental Health

Course ID: 1007953
Format: Web-based Training - Self-study (Online)

Public Health Emergency Training: Crisis Intervention During Disaster
Course ID: 1020031
Format: Web-based Training - Self-study (Online)

Mental Health Implications of Public Health Emergencies - Public Health Grand Rounds
Course ID: 1008242
Format: Webstream/Archived Webcast (Online)

Communication Gap: Linking First Responders and First Receivers
Course ID: 1006082
Format: Web-based Training - Self-study (Online)

Two Years Later: Continued Psychological Difficulties of First Responders and the Affected Population
Course ID: 1015349
Format: Web-based Training - Self-study (Online)

Publications and Articles of Interest Regarding Disaster Mental Health Needs

Substance Abuse and Mental Health Administration - Disaster Relief Administration

http://mentalhealth.samhsa.gov/disasterrelief/first.aspx

For Responders

- A Guide to Managing Stress in Crisis Response Professions
- Communicating in a Crisis: Risk Communications Guidelines for Public Officials
- Developing Cultural Competence in Disaster Mental Health Programs
- Disaster Counseling
- Disaster Mental Health: Crisis Counseling Programs for the Rural Community
- Field Manual for Mental Health and Human Service Workers in Major Disasters
- Managing Stress: Tips for Emergency and Disaster Response Workers
- Mental Health All-Hazards Disaster Planning Guidance
- Psychological First Aid: A Guide for Emergency and Disaster Response Workers
- Psychosocial Issues for Children and Adolescents in Disasters
- Tips for Emergency and Disaster Response Workers: Managing and Preventing Stress
  Tips for First Responders: Possible Alcohol and Substance Abuse Indicators

For Adults

- After a Disaster: What Teens Can Do
- Anxiety Disorders: How to Deal with Grief
- Recovering Your Mental Health: Dealing with the Effects of Trauma: A Self Help Guide
- SAMHSA Web Resources At-a-Glance
- Tips for Survivors of a Traumatic Event: What to Expect in Your Personal, Family, Work, and Financial Life

For Older Adults

- Older Adults
- Psychosocial Issues for Older Adults in Disasters
- After a Disaster: Self-Care Tips for Dealing with Stress
- Communicating in a Crisis: Risk Communications Guidelines for Public Officials
- Good Mental Health is Ageless
- Developing Cultural Competence in Disaster Mental Health Programs
- Mental Health – it's part of all our lives

For Parents and Caregivers

- Helping Children Cope with Fear and Anxiety
- Quick Guide to SAMHSA Resources
- Major Depression in Children and Adolescents
- Parent Guidelines for Talking with Young Children about War and Terrorism
- Talking with School-Age Children about War and Terrorism
- Parent Guidelines for Talking with Teenagers about War and Terrorism
- Tips for Talking to Children in Trauma: Interventions at Home For Preschoolers to Adolescents (PDF)
- After a Disaster: What Teens Can Do (PDF)
- How Families Can Help Children Cope with Fear and Anxiety
- Helping Children Cope With Fear & Anxiety

For Emergency and Disaster Response Workers

- Mental Health Response to Mass Violence and Terrorism, A Field Guide [HMTL]
- Tips for Managing and Preventing Stress: A Guide for Emergency and Disaster Response Workers [PDF]
- Stress Prevention and Management Approaches for Rescue Workers in the Aftermath of Terrorist Acts
- Field Manual for Mental Health and Human Service Workers in Major Disasters (Substance Abuse and Mental Health Services Administration)
- Disaster Counseling

For Professionals

- Developing Cultural Competence in Disaster Mental Health Programs (SMA03-3828) Download PDF (872K)
- Field Manual for Mental Health and Human Service Workers in Major Disasters (ADM90-0537)
- Managing Stress During Disaster Events: A Guide for Emergency and Disaster Response Workers (NMH05-0211)
- Psychological First Aid: A Guide for Emergency and Disaster Response Workers (NMH05-0210)
- Psychosocial Issues for Children and Adolescents in Disasters (ADM86-1070R)
- Psychosocial Issues for Older Adults in Disasters (SMA99-3323)
- Returning Home After a Disaster: A Guide for Emergency and Disaster Response Workers Brochure (NMH05-0219)
- Returning Home After Disaster Relief Work: A Guide for Families of Emergency and Disaster Response Workers Brochure (NMH05-0220)

- Returning Home After Disaster Relief Work: A Guide for Supervisors of Deployed Personnel Brochure (NMH05-0218)
- Self-Care Tips for Emergency and Disaster Response Workers (KEN01-0098R)
- Tips for First Responders: Possible Alcohol and Substance Abuse Indicators (NMH05-0212)

Publications and Articles of Interest Regarding Disaster Mental Health Needs

Centers for Disease Control and Prevention

http://emergency.cdc.gov/mentalhealth

Information for Individuals & Families

- Coping with Traumatic Events
- Video: Coping with a Traumatic Event
- Preventing Violence after a Natural Disaster
- Tips for Talking about Disasters
- Maintain a Healthy State of Mind
- Helping Families Deal With the Stress of Relocation After a Disaster
- Helping Parents Prepare for a Disaster
- Helping Parents Cope with a Disaster
- After the Storm - Tips for Adult Healthy Relationships
- After the Storm - Tips for Adults
- After the Storm - Tips for Parents of Children
- After the Storm - Tips for Parents of Youth

Information for Individuals

- Coping With a Traumatic Event: Information for the Public
- Self Care Tips for Dealing with Stress
- Preventing Violence after a Natural Disaster

Information for Parents and Families

- Helping Parents Prepare for a Disaster
- Helping Parents Cope with a Disaster
- After a Disaster: A Guide for Parents and Teachers
- Tips for Talking About Disasters
- Helping Families Deal With the Stress of Relocation After a Disaster
- Helping Teenagers With Stress
- Children and the News
- Helping Age-specific Interventions at Home for Children in Trauma

Information for Teachers & Schools

- Tips for Talking About Disasters
- After a Disaster: A Guide for Parents and Teachers
- Information about School Violence

Effects of Stress

- The Long-term Impact of a Traumatic Event
- The Effects of Stress on Drug Abuse

Suicide Prevention

- The National Suicide Prevention Lifeline
- Suicide Prevention Resource Center

Coping during Specific Types of Emergencies

Natural Disasters: Preventing Violence after a Natural Disaster

Hurricanes
- Hurricane Aftermath Resources
- Psychosocial Concerns after Hurricane Katrina Tips for Medical Care Providers

Terrorist Events - Maintaining a Healthy State of Mind after a Terrorist Event

Coping With a Disaster or Traumatic Event: Information for Responders

- Disaster Mental Health for Responders : Key Principles, Issues and Questions
- Field Manual for Mental Health and Human Service Workers in Major Disasters Resources from SAMHSA, HHS
- Self-Care Tips for Emergency and Disaster Response Workers
- Surviving Field Stress for First Responders
- Traumatic Incident Stress: Information for Emergency Response Workers

Coping With a Disaster or Traumatic Event: Information for Health Professionals

- Coping With a Traumatic Event – For Health Professionals
- American Psychiatric Association: Disaster Psychiatry

Coping With a Disaster or Traumatic Event: Information for State and Local Health Departments

- Disaster Mental Health Primer: Key Principles, Issues and Questions
- Disaster Mental Health for States: Key Principles, Issues and Questions

Publications and Articles of Interest Regarding Disaster Mental Health Needs

Kentucky Cabinet for Health and Family Services- Department for Public Health

http://chfs.ky.gov/dph/epi/preparedness/materials.htm

- 2006-07 Community Information Guide - Kentucky Cabinet for Health and Family Services
- Brochure (English) - Public Health Preparedness, Kentucky Department for Public Health. Brochure (Spanish) - Public Health Preparedness, Kentucky Department for Public Health
- A matching refrigerator magnet with important emergency phone numbers is available in English and Spanish, as well as with a Braille overlay.
- Community Information Pocket Guide Card - Public Health Prepareness in Kentucky
- Kentucky Emergency Guide - folding bilingual (English/Spanish) pocket card shows what to do and what not to do for typical emergency situations in Kentucky.
- Be Safe. Be Prepared. Children's Coloring Book - informative bilingual (English/Spanish) coloring book for children showing what to do and what not to do for emergency situations in Kentucky.
- Video - Kentucky Public Health Preparedness (Windows Media Format) To view streaming video, you will need Windows Media Player.
  - English (Large)
  - English (Small)
  - Spanish (Large)
  - Spanish (Small)

Risk Communication Materials

- Bridging Statements for Media Interviews
- Emergency Preparedness and Response - Resourceful CDC emergency Web site
- Crisis + Emergency Risk Communication (CERC) Materials - informative materials available from the CDC
- 77 Questions Commonly Asked by Journalists During a Crisis
- Emergency Public Information Pocket Guide - Oak Ridge Institute for Science and Education (ORISE)
- Mobile Joint Information Center Guide for Needs Assessment/Components for Field Response Communication Activities
- Questions for Reporters

<u>Medial Materials</u>

- 2005 Media Guide - Kentucky Cabinet for Health and Family Services
- 2006 Pocket Media Guide - A Field Guide for the Media for Public Health Emergencies
- Reference Guide for the Media - U.S. Department of Health and Human Services Terrorism and other Public Health Emergencies

Section 4

Community Partners to Consider in Disaster Planning

Disaster preparedness requires population-wide cooperation with multiple agencies with specific directives. Representation in planning, as well as established Memorandums of Agreement between parties needs to be in place for coordinated mobilization of resources. Factors such as the size and nature of the disaster and the availability of local and federal resources will determine the need for additional resources. The following is a list of community agencies to consider in the planning process:

Local Community

- Community Centers, YMCA/YWCA, Senior Citizen Centers and cultural group leaders give local voice to needs of individuals and populations
- Community Action Agencies
- Media
- Child Care Centers
- Public School Systems
- Private School Systems
- Universities
- University of Kentucky Cooperative Extension Agency
- Local Permitted Food Establishments

Government

- Local government
- Cabinet for Health and Family Services
- Department for Public Health-Environmental
- Federal Emergency Management Agency
- Law Enforcement
- National Guard

Emergency Management

- Emergency Services
- Fire Department

Health Care Professionals

- Local Health Department
- Hospitals
- Long Term Care Facilities
- Assisted Living Facilities
- Rehabilitation Facilities
- Multi-specialty Clinics
- Health Care Centers
- Community Mental Health Center
- Private Mental Health Agencies
- Private Physicians
- Medical Supply Companies

Volunteer Organizations

- American Red Cross
- Salvation Army
- Faith-Based Organizations

Sample Memorandum of Understanding

LETTER OF UNDERSTANDING

This letter of agreement between

(FIRST PARTY)

and

(SECOND PARTY)

Happy Health Department
108 Happy Camper Road
Smilesville, KY 40100

Horses Vending & Catering
1212 Keeneland Dr.
Thoroughbred, KY 42221

is effective:_____ and ends:_____

WHEREAS, the First Party, during an unforeseen event, has determined that food service may be needed to supplement the staff in order to execute its lawful duties.

WHEREAS, the Second Party is available, willing and qualified to provide food as called on by First Party until such duties are completed.

_____   _____

Chris Greenwell   Date
Happy Health Department

_____   _____

Amber Sparks   Date
Horses Vending & Catering

Memorandums of Understanding Guide

Memorandums of Understanding (MOU) are documents used as a confirmation of agreed upon terms between one or more agencies and generally sets forth the basic principles and guidelines under which the parties will work together to accomplish their goals. A guide produced by Homeland Security and Safecom provides general guidance in agency development of a MOU for community partners. This guide can be found at: http://www.safecomprogram.gov/NR/rdonlyres/70169F1E-F2E9-4835-BCC4-31F9B4685C8C/0/MOU.pdf. Also find the file in Supplement 2.

Supplement 2